



**3RD INTERNATIONAL HYBRID CONFERENCE ON  
TRADITIONAL & ALTERNATIVE MEDICINE**

**NOVEMBER 17-18, 2022 | GOA, INDIA**

**THEME: EXPLORING NEW HORIZONS IN TRADITIONAL & ALTERNATIVE MEDICINE**



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<https://www.conferencemind.com/conference/traditionalalternativemedicine>

## Registration @8:30 AM- 9:00AM

Session Introduction by Moderator (Opening Ceremony) @09:00 AM-9:30 AM

### Keynote Session I



Radhakrishnan. K  
Principal Scientist Retd.  
JNTBGRI, Thiruvananthapuram & Former CEO in Charge State Medicinal Plants Board,  
Kerala, India

Title: Ethnomedicine - Past, Present, and Future

09:30 AM - 10:00 AM

Bhairav B. Kulkarni  
Director, Shree Siddhivinayak Ayurvevda Panchakrma Center,India

Title: Observational analytical study to assess Asthikshaya in walkers and in non-walkers with  
special reference to Osteoporosis by Evaluating Bone Mineral Density and Serum Calcium

10:00 AM - 10:30 AM



### Networking & Refreshment Break @10:30 AM - 10:45 AM



Geeta Patki  
MD Ayurvedic Gynecologist  
Gomantak Ayurveda Mahavidyalaya & Research Centre, Goa, India

Title: Fertility enhancer diet for female

10:45 AM - 11:15 AM

Frank Yurasek  
Director of Acupuncture  
Cook County Health, Stroger Hospital, USA

Title: Integrative Hospital based Acupuncture in pain management, perioperative, and  
emergency Medicine Services

11:15 AM - 11:45 PM







Kavita Gulati  
Professor, University of Delhi, India

Title: Integration of yogic intervention with modern medicine in the management of COPD

11:45 PM - 12:15 PM

Santha Muller  
Director, Research Foundation for Traditional Medicines, Madurai, India

Title: Traditional Medicines: Past, Present and Future

12:15 PM - 12:45 PM



## Group Photo Session@ 12:45 PM - 13:00 PM

## Oral Session I



Sanjay Panicker,  
Founder & MD, Amrita Homeopathy, India

Title: Treatment of androgenic alopecia with homeopathy and non needle mesotherapy

13:00 PM - 13:25 PM

Abhilash Mullasseril  
Veliyanad Post Ernakulam Dist., Kerala-682313, India

Title: The Role of Traditional and Alternative Medicine Knowledge for Quick and Effective Drug Discovery Processes

13:25 PM - 13:50



## Lunch Break@ 13:50 PM - 14:30 PM

## Session Adjournment

## Registration @8:30 AM- 9:00AM

### Session Introduction by Moderator (Opening Ceremony) @09:00 AM-9:15 AM



Sangram Keshari Das  
Professor & Head Department of Dravyaguna Vijnana, Gomantak Ayurveda Mahavidyalaya & Research Centre, Goa, India

Title: Folklore Practices in Goa

09:15 AM - 09:45 AM

Bishnupriya Mohanty  
Professor & Head of the Department Sanskrit Samhita & Siddhanta, Gomantak Ayurveda Mahavidyalaya & Research Centre, Goa, India

Title: Clinical Research in Traditional Medicine

09:45 PM -10:15 AM



## Networking & Refreshment Break @10:15 AM - 10:30 AM



Bhairav B. Kulkarni  
Director, Shree Siddhivinayak Ayurvevda Panchakrma Center, India

Title: Management of Tamak Shwas Through Ayurved Diet regimen – A Review article

10:30 AM - 11:00AM

Radhakrishnan. K  
Principal Scientist Retd.  
JNTBGRI, Thiruvananthapuram & Former CEO in Charge State Medicinal Plants Board, Kerala, India

Title: Conservation, Cultivation and Sustainable Utilization of Medicinal Plants ; The State Medicinal Plants Board, Kerala Experience

11:00 AM - 11:30 AM



## Group Photo Session@ 11:30 AM - 11:40 AM





**Ratnaprabha Choudhui**  
Director, Havya Ayurveda and Panchakarma Center, India

**Title:** Role of Preventive aspects of Ayurved in today's era

**11:40 AM - 12:10 PM**

**Sumita Satarkar**  
Acupuncturist, Swasthya Santulan Medicare Pvt Ltd. India

**Title:** Efficacy of Acupuncture for prevention of Fulminating infections like Covid 19 considering endogenous & exogenous factors resulted in healing and preventive treatment protocols.

**12:10 PM - 12:40 PM**



## Oral Session II



**Nutan Pakhare**  
Director Author, Garbhasanskar Coach, AYG Academy, India

**Title:** Yoga in Garbhasanskar

**12:40 PM - 13:10 PM**

**Madhuri Hridaynath Lotliker**  
MS in Prasuti Antra Evum Stree Roga , BAMSM, Gomantak Ayurveda Mahavidyalaya & Research Centre , Goa, India

**Title:** Garbhasamskar with Mantra therapy

**13:10 PM - 13:40 PM**



**Deepa Patil**  
Senior Homoeopathic Consultant & Stress Management Counselor  
Chaitanya Homeopathic Clinic , India

**Title:** Health; Happiness & Homeopathy

**13:40 PM - 14:00 PM**

**Lunch Break @14:00 PM - 14:30 PM**

**Award Ceremony**

**Session Adjournment**



Dr. Amit Kaur Puri  
Project Manager  
Apeejay Styra University, Founder and President AKP Healing, India

Title: Wild Nakshatra flora of Gond tribe inhabiting in patalkot- An ethnobotanical Approach.

13:00 PM - 13:30 PM



Mohammad Bagher Rezaee  
Chairman, Union of Medicinal Plants, Iran

Title: Will update shortly

13:30 PM - 14:00 PM



Ewa Danuta Bialek  
Scientist, Psychosynthesis Institute, Poland

Title: Health or disease – it is our choice!

14:00 PM-14:30 PM



Rene Goris  
Director, IOC Daoland Healthcare, Netherlands

Title: Developing healthcare or spa from natural and ancient medicine sciences

14:30 PM-15:00 PM



M Shahryar Eghtesadi  
Professor, Azad University, Iran

Title: Effect of turmeric on glycemic status, lipid profile, hs-CRP and total antioxidant capacity in hyperlipidemic type 2 diabetes mellitus patients

15:00 PM-15:30 PM



## Lunch Break@ 15:30 PM - 16:00 PM

Mehdy Ghaemina  
MD, Acupuncturist  
Iranian Scientific Acupuncture Association, Iran

Title: Acupuncture, a pseudoscientific old-fashioned treatment or a pioneer therapeutic art in line with the core of medicine of future

16:30 PM - 16:30 PM







Arvind Paikrao  
Professor, Dr Vasant Parikh Ayurvedic Medical College, India

Title: Modern medicine's burden could be low down..! 'by adopting of the way of life –Ayurveda  
16:30 PM-16:55 PM

Praveen Deepak  
Assistant Professor, Swami Sahajanand College, India

Title: In silico polypharmacological screening of natural products targeting STAT3-mediated chronic rheumatoid synovitis  
16:55 PM-17:20 PM



Charlotte Gray  
Director, Blossom Health Hub, UK

Title: Homeopathy and Colour remedies

17:20 PM - 17:45 PM

Yash Mukand  
Holistic Coach, India

Title: How yoga helps in mental well-being

17:45 PM - 18:10 PM



## Networking & Refreshment Break@18:10 PM -18:20 PM



Jalajakshi S Kore  
Gulbarga University, Karnataka, India

Title: Study on Major and Trace Elements in the Leaves of Moringa Oleifera in North Karnataka Region

18:20 PM - 18:45 PM

Pankaj Verma  
Vallabhbhai Patel Chest Institute, University of Delhi, India

Title: Experimental Studies to Evaluate Efficacy of Piper Nigrum In a Model Of Airway Remodeling In Rats  
18:45 PM - 19:10 PM





Murat Topoglu,  
Turkish Acupuncture Society, Turkey

Title: Acupuncture and Obesity

19:10 PM - 19:40 PM

Wei Ling Huang  
Medical Acupuncture And Pain Management Clinic, Brasil

Title: Why Homeopathy and Acupuncture are Two Important Tools To Use In The New Type of Population Nowadays?

19:40 PM - 20:10 PM



Truth Sayer  
Founder, Institute of Auricular & Transcendental Medicine, USA

Title: An Introduction to Extraordinary Auricular Medicine

20:10 PM - 20:40 PM

Ladislau Rosenberg  
President, Romanian Society of Pharmacy History Sibiu, Romania

Title: The role of Integrative Medicine in the 21st century

20:40 PM - 21:10 PM



Randal Lyons  
Lic. Acupuncturist, Alchemist Recovery, Canada

Title: Trauma, Fright and the Origins of Addiction

21:10 PM - 21:40 PM

Dellna Illavia  
Medical Herbalist, Surrey Herbs, UK

Title: The gut, inflammation, autoimmunity and herbal medicineuncture are Two Important Tools To Use In The New Type of Population Nowadays?



## Session Adjournment





Sunita Singh  
Navyug Kanya Mahavidyalaya, University Of Lucknow, India

Title: An insight into the applications of herbal medicine in the Diabetes Management

13:00 PM - 13:30 PM

Dr. Mohammad Kamil  
Director, General Lotus Holistic Health Institute, UAE

Title: Traditional Herbal Medicine– Quality and Safety

13:00 PM - 14:00 PM



M V N L Chaitanya  
Associate Professor, School of Pharmacy, Lovely Professional University, India

Title: Investigating the Natural libraries towards discovery of anticancer drug leads using modern techniques (A systemic review based on our laboratory research case studies)

14:00 PM - 14:30 PM

K. L. Meena  
Department of Botany MLV Government College, Bhilwara - 311 001, Rajasthan, India

Title: Some Ethnomedicinal plants used by the Garasia tribe in district Sirohi, Rajasthan

14:30 PM - 15:00 PM



Ram Babu  
Associate Professor, Kirori Mal College, University of Delhi, India

Title: Will update Shortly

15:00 PM - 15:30 PM

Kala Suhas Kulkarni  
Thane, Maharashtra, India

Title: Beneficial effect of glycyrrhiza glabra and leganatia siceraria in osteoporosis. An experimental study

15:30 PM - 16:00 PM







Rizwan Asif  
Lecturer, Qarshi University Lahore, Pakistan

Title: Medicinal Plants

16:00 PM - 16:25 PM

Surekha Rajaram  
Gulbarga University Kalaburagi, Karnataka, India

Title: A Study on trace elements in medicinal plant withania somnifera (Ashwagandha) from North Karnataka region by AAS method

16:25 PM - 16:50 PM



Shelly Garg  
Researcher, SGT University, India

Title: A Review of Physico-Chemical and Medicinal Potential of An Herbal Formulation, Trikatu

16:50 PM - 17:15 PM

Pankaj Verma  
Department of Pharmacology, Vallabhbhai Patel Chest Institute, University of Delhi, India

Title: Pharmacological studies to evaluate the mode of action of a Traditional Herbaagent in bronchial asthma-induced experimental rats

17:15 PM - 17:35 PM

V V Asha  
Scientist, Rajiv Gandhi Centre for Biotechnology  
India

Title: Metabolite profiling of phytochemicals from Cuscuta relexa Roxb, a promising plant for anti-hepatocellular carcinoma

17:35 PM - 17:55 PM



Anuj Yadav  
Jamia Hamdard, New Delhi, India

Title: L-Arginine attenuates neurobehavioral parameters and cardiovascular biomarkers in an experimental model of post-traumatic stress disorder (PTSD) in rats

17:55 PM - 18:10 PM



Nisekhot Nisa  
Department of Zoology, Mizoram University, India

Title: Bioactive compounds from honey-bee products as potential inhibitors of  $\beta$ -site APP cleaving enzyme 1 (BACE-1): an in silico molecular docking, molecular dynamics simulation and MM-PBSA binding energy studies

18:10 PM - 18:30 PM





Arunabha Ray  
Departments of Pharmacology, Hamdard Institute of Medical Sciences and Research (HIMSR)  
Jamia Hamdard, New Delhi, and 1 Vallabhbhai Patel Chest Institute, University of Delhi, India.

Title: Emerging alternative therapeutic approaches in stress and stress-related pathophysiology:  
focus on post-traumatic stress disorder

18:30 PM -19:00 PM

Kala Suhas Kulkarni  
Thane, Maharashtra, India

Title: Potential clinical benefits of Semecarpus anacardium (Bhalla taka) as  
immunomodulator in cancer management

19:00 PM - 19:15 PM



## Oral Session II

Nikita Mittal, Departments of Pharmacology and 1Physiology, Hamdard Institute of  
Medical Sciences and Research (HIMSR), Jamia Hamdard, New Delhi, India

Title: Newer perspectives in the role of nitric oxide in health and disease cuta relaxa  
Roxb, a promising plant for anti- hepatocellular carcinoma

19:15 PM - 19:30 PM



Rema Momin Bidanchi  
Department of Zoology, Mizoram University  
Aizawl-796004, Mizoram, India

Title: The Anti-Oxidant and Anti-Inflammatory Effects Trevesia Palmata Methanolic Extract on TNBS-  
induced Ulcerative Colitis in Rats

19:30 PM -19:45 PM

Ana Zikic  
Doctor,Holitimed,Serbia

Title: Immunity- Strengtening the power of DanTian : with Chinese medicine and  
Acukin concept

19:45 PM - 20:05 PM



Mrs Anu Anand  
Anyog, India

Title: Therapeutic Yoga

20:05 PM -20:25 PM



Sarah Dawkins  
Holistic Coach, Sarah Dawkins Health, Spain

Title: Heal Yourself

20:25 PM - 20:45 PM



Dhananjay Sharma  
Amity University Haryana, India

Title: Ficus religiosa a traditional medicine used in the Management of several diseases: A systematic review on Pharmacological effect

20:45 PM - 21:05 PM



Nita Sharma Das  
Founder, Nita Naturale, India

Title: "Moringa oleifera - The wonder medicinal plant with multiple therapeutic benefits". Please check and acknowledge the receiving

21:05 PM - 21:20 PM



Sarika Singh  
Division of Toxicology and Experimental Medicine Central Drug Research Institute, Lucknow

Title: Resveratrol prevents the dopaminergic neuronal death: role of synaptic proteins, transporters, dendrite arborization, biochemical alterations, ER stress and apoptosis

21:20 PM - 21:40 PM



Ana Carolina Almeida Gonçalves  
PhD Scholar, CICS-UBI, Portugal

Title: Anti-inflammatory and hepatoprotective effects of sweet cherry fruits

21:40 PM - 21:50



Chinedu Imo  
Federal University Wukari, Nigeria

Title: Acute Administration of Aqueous Extract of Garcinia Kola Seed on Daily Blood Glucose Level and Selected Biochemical Indices of Liver Function in Albino Rats

21:50 PM - 22:05 PM



## Session Adjournment