



Scientific Program

7th Global Congress on Food Science and Nutrition

March 29–30, 2024



<https://www.conferencemind.com/conference/foodscienceandnutrition>



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Keynote Session



TITLE:

Does Addition of Natural Vegetable and Fruit Affecting Glycemic Index of Some Food Products?

WAN ROSLI WAN ISHAK

School of Health Sciences, Universiti Sains Malaysia, Malaysia

12:30 PM - 13:00 PM



TITLE:

Therapeutic ketosis and the broad field of applications for the ketogenic diet: Ketone ester applications & clinical updates

RAFFAELE PILLA

St. John of God Hospital – Fatebenefratelli, Benevento, Italy

13:00 PM - 13:30 PM

Refreshment Break (13:30 PM - 14:00 PM)



TITLE:

Probiotic drink from flax milk

DR. K.VALARMATHY

Department of Biotechnology, The Oxford College of Engineering, Bangalore, India

14:00 PM - 14:30 PM

Oral Session



TITLE:

From Grain to Gain: The Nutraceutical Edge of Millet-Based Products

MR. PINKESH JETHWA

Department of Basic and Applied Sciences, National Institute of Food Technology Entrepreneurship and Management, Kundli, Haryana, India

14:30 PM - 14:55 PM



TITLE:
An exploration of Nutraceutical Potential of *Nelumbo nucifera*

DR. SHELLY GARGA
Department of Nutrition & Dietetics, Faculty of Allied Health Sciences, SGT University, Gurugram, Haryana, India

14:55 PM - 15:25 PM



TITLE:
Nutritional Benefits of *Argemone Mexicana* a Hidden Medicinal Plant and to Evaluate Its Edibility: A Review

MR. DHANANJAY SHARMA
Amity University Haryana, India

15:25 PM - 15:50 PM

Refreshment Break (15:50 PM - 16:30 PM)



TITLE:
Review of *Cucurbita pepo* (Pumpkin seeds) on health benefits and nutritional composition

MS. SILKY
Department of Home Science, Banasthali Vidhyapith, Jaipur, Rajasthan, India

16:30 PM - 16:55 PM



TITLE:
Dietary guidelines and meal planning for the diabetic patient during Ramadan

HANAA AMIIRAH SOHAWON
Nutritionist-Dietitian. Naturhouse Dietetic Centre. Mauritius

16:55 PM - 17:30 PM

Keynote Session



TITLE:
Will update soon

DR. RAM BABU
Kirori Mal College, University of Delhi, Delhi, India

11:30 AM - 12:00 PM

Refreshment Break (12:00 PM - 12:30 PM)

Oral Session



TITLE:
Preparation of curd using green chilli stalks

MS. DIMPI DAVE
Amity University, India

12:30 PM - 13:00 PM

Poster Session



TITLE:
Formulation of orange peel essential oil nanoemulsion by optimizing surfactant to oil ratio

MS. PRAGATI SINGH
Department of Food Science and Nutrition, Banasthali Vidyapith,
Tonk, Rajasthan, India

13:00 PM - 13:20 PM



TITLE:
Essential Oils as Natural Sprout Inhibitors: Enhancing Potato Storage Longevity

MR. ABDUL WAHID P
Department of Food Science and Technology, National Institute of
Food Technology Entrepreneurship and Management, Kundli,
Sonipat, Haryana, India

13:20 PM - 13:40 PM

Poster Session



TITLE:

Unlocking Nutritional Potential: Papaya Peel Powder Enriched Khajure as a Functional Snack

MR. DEEPAK JOSHI

Department of Food Science and Technology, National Institute of Food Technology Entrepreneurship and Management
Sonipat, Haryana, India

13:40 PM - 14:00 PM

Refreshment Break (14:00 PM - 15:00 PM)



TITLE:

Nutritive proficiency and culinary potential of Purslane (*Portulaca olearcea*): Unravelling the nutritional alchemy

MS. SHUBHANGI SRIVASTAV

Department of Food Science and Nutrition, Banasthali Vidyapith, Rajasthan, India

15:00 PM - 15:20 PM



TITLE:

Optimizing Mahua Flower Incorporation in Kalakand Production: Nutritional and Sensory Evaluation

MS. SHWETA JAIWAL

Department of Food Science and Technology, National Institute of Food Technology Entrepreneurship and Management, Sonipat, Haryana, India

15:20 PM - 15:40 PM

Keynote Session



TITLE:

Is There Any Correlation Between The Ingestion of Some Kinds of Foods and Headache?

DR. HUANG WEI LING

Medical acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil

15:40 PM - 16:00 PM

Poster Session



TITLE:

Nanotechnology and functional foods: efficient way to supply bioactive ingredients

MS.PRANJALI CHAUHAN

Department of Food Science and Nutrition, Banasthali Vidyapith,
Rajasthan, India

16:00 PM - 16:20 PM

Session Adjournment