

14th Global Congress on Food Science and Nutrition

June 26–27, 2026

Scientific Programme · Two-Day Schedule & Speaker Directory

DAY 1 11:30 AM – 6:30 PM · 26 June 2026		SCIENTIFIC PROGRAMME	
TIME	SESSION TYPE	SPEAKER & AFFILIATION	PRESENTATION TITLE
11:30 AM – 11:40 AM	Opening Ceremony	Organizing Committee <i>Conference Mind</i>	Welcome Address, Inauguration & Group Photo
11:40 AM – 12:05 PM	Keynote	Dr. Dipika Agrahar Murugkar <i>Principal Scientist, ICAR-Central Institute for Agricultural Engineering, India</i>	Transforming Soybeans into Functional Foods: From Traditional Processing to Precision Nutrition
12:05 PM – 12:30 PM	Keynote	Dr. Dipali Saxena <i>Assistant Professor, Dept. of Food and Nutrition, Shri Vaishnav Vidyapeeth Vishwavidyalaya, India</i>	From By-Product to Value-Added Foods: Sustainable Utilization of Cauliflower Greens
12:30 PM – 12:55 PM	Keynote	Dr. Anubhuti Sharma <i>Principal Scientist, ICAR-Indian Institute of Rapeseed Mustard Research, Bharatpur, Rajasthan, India</i>	Evaluation of Biochemical Pathways in Indian Mustard <i>B. juncea</i>
12:55 PM – 1:15 PM	Keynote	Dr. Mariyam Fatima <i>Assistant Professor, Department of Home Science, Faculty of Agricultural Sciences, Aligarh Muslim University, Aligarh, India</i>	Eco-Conscious Families and Sustainable Nutrition: Shaping the Future of Children
1:15 PM – 1:45 PM	Lunch Break	—	Lunch & Networking
1:45 PM – 2:05 PM	Oral Presentation	Dr. Ankita Lakade <i>Assistant Professor, Amity Institute of Food Technology, Amity University UP, Noida</i>	Development of Nutritionally Enriched Oat-Based Fruit Pancake Pre-mix
2:05 PM – 2:25 PM	Oral Presentation	Ms. Sandhya Narasimhan <i>Clinical Nutritionist & Founder, Svastha Wellness, India</i>	Nutrition & Wellness in Clinical Practice
2:25 PM – 2:45 PM	Oral Presentation	Dr. Akriti Singh <i>Faculty, Dept. of Food Science & Nutrition, Delhi Medical Healthcare Academy, New Delhi, India</i>	Impact of Carbohydrate Loading and Glycogen Storage on Athletic Endurance: A Comparative Analysis with Protein Requirements in Sports Performance
2:45 PM – 3:05 PM	Oral Presentation	Dr. Dheeraj Yadav <i>Assistant Professor, Community Medicine, MCGMC, Narnaul, Haryana, India</i>	Assessment of Dietary Patterns and Habits Among Antenatal Women in a Rural Area of District Sonapat, Haryana
3:05 PM – 3:25 PM	Oral Presentation	Dr. Swati Trivedi Dave <i>Clinical Dietitian, Evidence-Based Nutrition, iTrust Family Clinic, Mumbai, India</i>	<i>Presentation Title To Be Announced (TBA)</i>
3:25 PM – 3:40 PM	Tea / Coffee Break	—	Networking & Refreshment Break
3:40 PM – 4:00 PM	Oral Presentation	Dr. Jyoti Nishad <i>Scientist, Food Technology, ICAR-Directorate of Cashew Research, Puttur, Karnataka, India</i>	Improving Fat-Replacing Properties of Cashew Apple Pomace through Microwave Treatment
4:00 PM – 4:20 PM	Oral Presentation	Mrs. Sundus Ahmed <i>Aligarh Muslim University, India</i>	The Hidden Pandemic: How Ultra-Processed Foods Are Disrupting the Gut Microbiome and Fueling Modern Diseases
4:20 PM – 4:40 PM	Oral Presentation	Dr. Jaya Aishwarya <i>Assistant Professor, Maharishi University of Information Technology, India</i>	A Comparative Study of Parsley and Chamomile Leaves Supplementation on Hematological Parameters in Adolescent Girls
4:40 PM – 5:00 PM	Oral Presentation	Ms. Hanaa Amiirah Sohawon <i>Registered Dietitian-Nutritionist & Nutrition Consultant, Mauritius</i>	The Link Between Skipping Breakfast and PCOS Among Girls Aged 12–25 Years Old
5:00 PM – 5:20 PM	Oral Presentation	Ms. Garima Dev Verman <i>Dietitian, Fact-Checker, Founder of the National Dietitian Club, India</i>	How Dietitians Can Fight Against Fake Health Influencers in the Digital Age
5:20 PM – 5:40 PM	Oral Presentation	Dr. Hamita Preet Kaur <i>Department of Foods and Nutrition, Government Home Science College, Chandigarh, Affiliated to Panjab University, Chandigarh, India</i>	Development and Nutritional Evaluation of Fibre-Enriched Waffles Incorporated with Orange Peel and Orange Pomace Powder
5:40 PM – 6:00 PM	Oral Presentation	Dr. Sree Lakshmi A S <i>Ph.D Scholar, Dept. of Community Science (Food Science and Nutrition), College of Agriculture, Kerala Agricultural University, Thrissur, Kerala, India</i>	Standardisation and Quality Evaluation of Fruit-Flavoured Yoghurt from Rice Milk
6:00 PM – 6:20 PM	Oral Presentation	Mr. Murtaza Hussain <i>Aligarh Muslim University, Aligarh, India</i>	Functional Food and Bioactive Compounds in the Prevention of Type 2 Diabetes Complications

6:20 PM – 6:30 PM	Day 1 Close	Organizing Committee <i>Conference Mind</i>	Open Q&A & Day 1 Wrap-up
DAY 2		SCIENTIFIC PROGRAMME	
12:30 PM – 7:25 PM • 27 June 2026			
TIME	SESSION TYPE	SPEAKER & AFFILIATION	PRESENTATION TITLE
12:30 PM – 12:40 PM	Day 2 Opening	Organizing Committee <i>Conference Mind</i>	Welcome & Day 2 Programme Overview
12:40 PM – 1:05 PM	Keynote	Prof. Wan Rosli Wan Ishak <i>Professor, School of Health Sciences, Universiti Sains Malaysia, Malaysia</i>	Development of a Powdered Beverage from Selected Agro-Based Resources for the Diabesity Market
1:05 PM – 1:30 PM	Keynote	Ms. Deepti Gulati <i>Senior Advisor, Techno Serve, India</i>	Transforming Food Systems for Better Nutrition: Innovations, Challenges, and Public Health Impact
1:30 PM – 1:55 PM	Keynote	Dr. Anuja Agarwala <i>Former Sr. Dietitian, AIIMS New Delhi; Genetic Metabolic Nutrition Consultant; Trained at Birmingham Children's Hospital, UK</i>	AI-Driven Diet Formulation for Pediatric Neurogenetic Conditions
1:55 PM – 2:20 PM	Keynote	Dr. Neelam Chaturvedi <i>Associate Professor, Food Science and Nutrition, Banasthali Vidyapith, Rajasthan, India</i>	Rosehip Power: A Functional Food Ingredient Against Lifestyle Disorders
2:20 PM – 2:40 PM	Keynote	Dr. Dhananjay Sharma <i>Assistant Professor, Dept. of Dietetics & Applied Nutrition, Amity Medical School, Amity University Haryana, Gurugram, India</i>	Weight Management Problems Despite Excessive or Minimal Food Intake: A Metabolomics and Nutrigenomics Perspective
2:40 PM – 3:10 PM	Lunch Break	—	Lunch & Networking
3:10 PM – 3:30 PM	Oral Presentation	Dr. Ashwini Mugale <i>Assistant Professor, Parul University, Vadodara, Gujarat, India</i>	Development of Chickpea Flour Blended Kalakand & Its Physico-Chemical Analysis
3:30 PM – 3:50 PM	Oral Presentation	Prof. K.P. Tayde <i>Assistant Professor, K. K. Wagh College of Food Technology, Maharashtra, India</i>	Valorization of Potato Peel Waste into Functional Dietary Fiber: Ultrasound-Assisted Extraction, Characterization, and Nutritional Applications
3:50 PM – 4:10 PM	Oral Presentation	Sharath Kumar N <i>Scientist, ICAR-Central Institute of Temperate Horticulture, Srinagar, UT of J&K, India</i>	Development and Quality Characterization of Functional Bakery Products Using Saffron By-products
4:10 PM – 4:30 PM	Oral Presentation	Ainee Tanwir <i>Dietitian, Clinical Nutritionist, Metabolic Coach, HACCP Certified, India</i>	Neuro Metabolic Nutrition: Rethinking Food as a Driver of Brain Health & Longevity
4:30 PM – 4:50 PM	Oral Presentation	Dr. Soumi Chakraborty <i>Assistant Professor, Amity Institute of Food Technology, Amity University UP, India</i>	Vitamin D Deficiency and Its Association with Metabolic Dysregulation in Hospitalized Patients: A Cross-Sectional Study in Uttar Pradesh, India
4:50 PM – 5:05 PM	Tea / Coffee Break	—	Networking & Refreshment Break
5:05 PM – 5:25 PM	Oral Presentation	Mrs. ChitraLeka Srivathsan <i>Dept. of Nutrigenetics, ITHS-Institute of Translational Health Science, Rayat Bahra University, Mohali, Punjab, India</i>	Anti-Inflammatory Diets in Menopause: Effects on Inflammation, Nutrition & Metabolic Health
5:25 PM – 5:45 PM	Oral Presentation	Dr. Jyoti Pachisia <i>MSc, CDE, CCRN; Consulting Dietician & Nutrition Faculty, Kolkata, West Bengal, India</i>	Gut Feelings: Unraveling the Microbiome–Mind Connection
5:45 PM – 6:05 PM	Oral Presentation	Dr. Snigdha Paul <i>Assistant Professor, School of Health and Medical Sciences, Adamas University, Kolkata, India</i>	Development and Comparative Assessment of a functional food supplement based on Lactose-free bovine milk, oats and mushroom
6:05 PM – 6:25 PM	Oral Presentation	Dr. Veena G L <i>Senior Scientist, ICAR-Directorate of Cashew Research, Puttur, Karnataka, India</i>	Novel Cashew Apple Fruit Bars using guava as a gelling agent
6:25 PM – 6:45 PM	Oral Presentation	Ms. Yagya Sharma <i>Home Science (Foods & Nutrition), IIS (Deemed to be University), India</i>	Artificial Intelligence and the Future of Dietetics: Will Human Expertise Remain Irreplaceable?
6:45 PM – 7:25 PM	Valedictory	Organizing Committee <i>Conference Mind</i>	Awards, Certificate Distribution & Vote of Thanks